

One Walk London Event Information

The Basics

Location:

One Walk London will be starting and finishing at Lincoln's Inn Fields, WC2A 3TL

What3Words: ///enter.snail.flown

Date: Saturday 21 June

Event Day Schedule

09:30am Event village opens

10:30am Warmup & opening ceremonies

11:00am 5km Walk starts

Please arrive at the event village with enough time to check-in and enjoy the event day activities.

After the Walk, walkers are encouraged to stay to celebrate your achievements.

The event will close at 15:30pm.

How to get there

As the event is taking place in Central London we recommend using public transport. For any advice on how to get to Lincoln Inn Fields, WC2A 3TL check out <https://citymapper.com/>

Make sure to check your journey online for the latest updates and closures.

Underground: Holborn is the nearest tube (4 minute walk) which has access to the Central and Piccadilly line.

Bus: The park is easily accessible using the following Bus Services across London. The closest bus stops are,
Brownlow Street (Stop R) accessed by the 8, 59, 133
Holborn Station (Stop N) accessed by 1, 68, 91, SL6

Car: There is Pay by Phone parking available around Lincoln Inn Fields as well as [JustPark, Holborn Gate](#) (10-minute walk) for £24 per day.



When you arrive

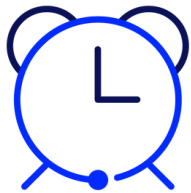
It's nearing the time for the One Walk London and we hope you are getting excited!



All participants are required to sign-in before their walk. Please arrive with enough time to sign-in and enjoy the event day activities.



When you sign-in make sure to let us know who your incredible type 1 superhero is. Everyone walking with type 1 will receive a Superhero cape to wear, so we can celebrate them throughout the walk!



If you are going to be late, or can no longer attend the event, there is no need to tell us. Please just note that after 12:00 we will not be able to let participants start their walk.



Your Breakthrough T1D t-shirt has been sent to you. Make sure to wear it on the day with pride! There will be a designated place to collect or swap your t-shirt.



More Information about the day



There will be lots to do before you set off on your walk, from talking to exhibitors, getting your face painted to warming up ready to go! So make sure you get there with enough time to enjoy the atmosphere.

Our One Walk's are dog friendly, but please keep your dog on a short lead at all times, including at the start and finish areas.

There is a cafe on site to get your morning coffee. Please make sure you are stocked up with water and snacks for the walk. Water will be available at the finish line for all our walkers.

There will be volunteers at the start and at a few select points on route, please ask them questions or simply say 'Hi'. We couldn't put on our One Walks without our fantastic volunteers!

Further safety information

One Walk is a fun family (and dog friendly) day out, but we want to keep everyone safe and smiling. So, please listen carefully to your pre-walk safety talk before you start.

There will be medical support based at the start and finish that will be on hand for any medical issues, however in cases of a medical emergency please call 999 and then inform event staff by calling emergency contact number on **07710086250**.

Please follow the highway code at all times, especially when crossing roads. Please use marked crossing points where possible, as all the roads on route are open to traffic.

Whilst on the route, which is open to the public in its entirety, you are responsible for yourself and your belongings.

Most importantly, enjoy the day!

