

# One Walk Bristol Event Information

## The Basics

**Saturday 13 June 2026**

**Location:** One Walk Bristol is being held at [Blaise Castle Estate, Henbury Rd, BS10 7AA](#)

**What3Words:** ///spicy.cope.tiny

## How to get there

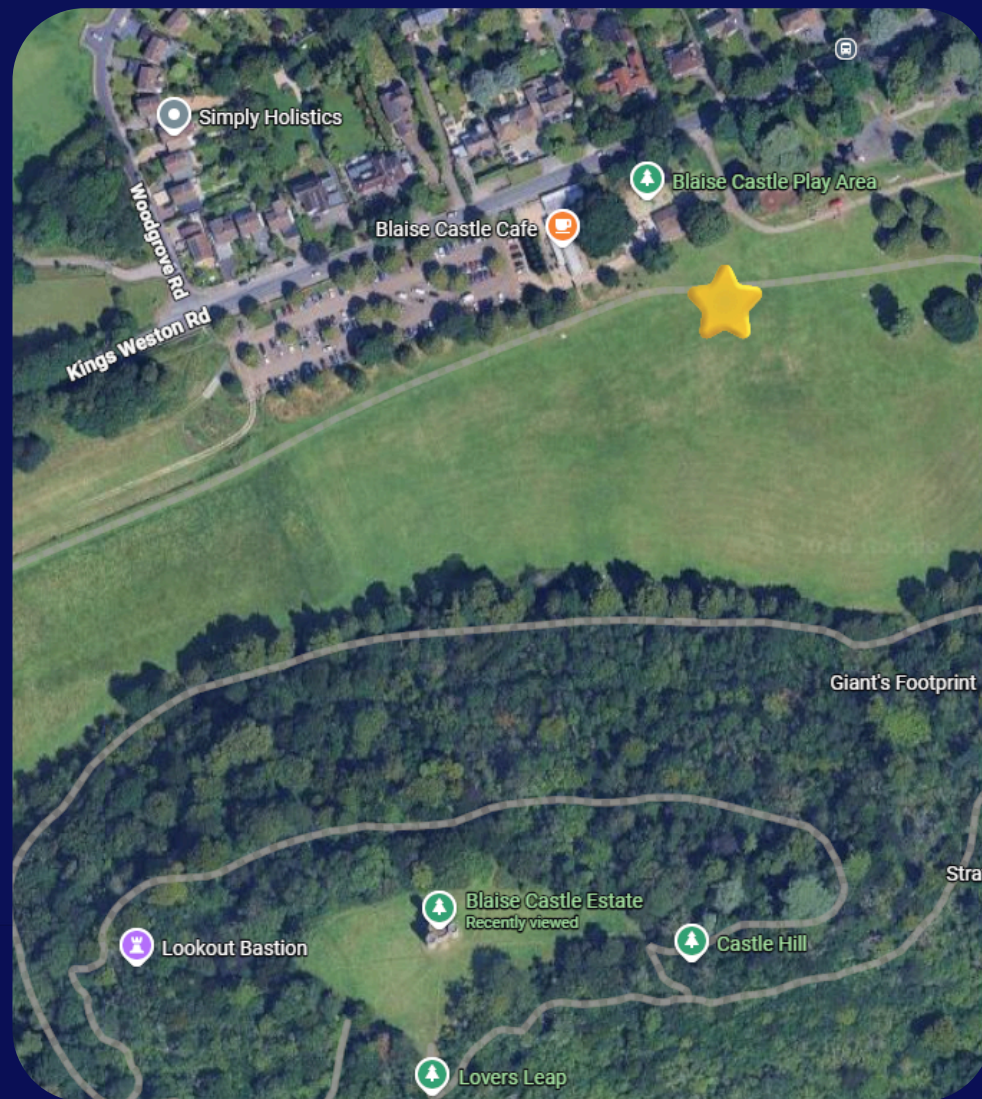
**Car:** There is limited Pay by Phone parking available at Blaise Castle Estate - Henbury Lodge Car Park.

Note there is a Park Run at 9am on the same day so we expect the car park to get busy.

There is also very limited on-street parking nearby as well as parking available at Henbury Village Hall car park.

**Bus:** The closest bus stops are,

- Blaise Castle accessed by the 3 and 4 bus routes (approximately 25 minutes from Bristol City Centre)
- Avonmouth Way accessed by bus route 1 with a 5-10-minute walk to the event.



# When you arrive

The event village opens at 10am.



All participants are required to **sign-in** at the **registration tent** before their walk.

Please arrive with enough time to sign-in.



When you sign-in make sure to let us know who your incredible type 1 superhero is. Everyone walking with type 1 will receive a Superhero cape to wear, so we can celebrate them throughout the walk!



If you are going to be late, or can no longer attend the event, there is no need to tell us.

Please just note that after 12:00 we will not be able to let participants start their walk.



Your Breakthrough T1D t-shirt has been sent to you. Make sure to wear it on the day with pride! There will be a designated place to collect or swap your t-shirt, if you have any issues.



## Event Day Schedule

### 10:00am Event village opens

Enjoy some children's entertainment and chat with Insulet about the Omnipod® system and learn more about their work.

### 11:00am Community walk starts

### 12:30-1pm Community One Walk Bristol concludes

We encourage you to bring a picnic for afterwards, so you can relax and continue to connect as a community while celebrating your achievements with your well deserved medal.

# The Route

## Key

-  Start /Finish
-  Kilometers
-  Direction
-  Café
-  Toilet
-  Parking



Please note that some of the route maybe on grass and uneven surface. If you require a fully accesible route please email us, [onewalk@breakthrough1d.org.uk](mailto:onewalk@breakthrough1d.org.uk)

# More Information about the day



We will have limited printed maps available on the day but you can check the route out using [this link](#) and follow it on your phone.

Our One Walk's are dog friendly, but please keep your dog on a short lead at all times, including at the start and finish areas.

There is a cafe on site to get your morning coffee, but please make sure you are stocked up with water and snacks for the walk.

Water will be available at the finish line for all our walkers, and we encourage you to stay to celebrate your achievements with your medal, until the event closes at **1pm**.

There will be volunteers at the start and at a few select points on route, please ask them questions or simply say 'Hi'. We couldn't put on our One Walks without our fantastic volunteers!

## Further safety information

One Walk is a fun family (and dog friendly) day out, but we want to keep everyone safe and smiling. So, please listen carefully to your pre-walk safety talk before you start.

There will be medical support based at the start and finish that will be on hand for any medical issues, however in cases of a medical emergency please call 999 and then inform event staff by calling emergency events phone on **07710086250**.

Please follow the highway code at all times, especially when crossing roads. Please use marked crossing points where possible, as all the roads on route are open to traffic. Whilst on the route, which is open to the public in its entirety, you are responsible for yourself and your belongings.

**Most importantly, enjoy the day!**

