

One Walk Edinburgh Event Information

The Basics

Sunday 14 June 2026

Location: One Walk Edinburgh is being held at Next to Holyrood car park, EH8 8AZ

What3Words: ///analogy.direct.maker

How to get there

Car: There is limited Pay by Phone parking available at Holyrood Car Park, we expect it to be very busy on Sunday so advise the below alternatives.

- Dukes Walk/ St Margarets Loch Car Park
- Dynamic Earth

There is also limited on-street pay-and-display parking available in the surrounding areas. We recommend using city centre car parks and walking to the start location where possible.

Bus: Lothian Buses number 35 stops close to Holyrood Palace on the Royal Mile/Canongate.

Tram: The closest tram stop is Picardy Place/York Place, about a 15–20 minute walk.

Train: Waverly Station is a 15 minute walk away.



When you arrive

Event Day Schedule

9:30am Event village opens

There will be lots to do before you set off on your walk. Make sure you come with enough time to enjoy the available activities.

Visit the **Breakthrough T1D Hub** to discover the latest in Breakthrough T1D research, speak with our staff, browse helpful resources and connect with other families in a safe, supportive space.

Browse **Funky Pumpers'** brilliant selection of diabetes essentials and accessories, from patterned patches to fun cases and awareness items.

Chat with **Insulet** about the Omnipod® system and learn more about their work.

11:00am Opening ceremonies & Warm up

11:30am Walk starts

After the Walk, walkers are encouraged to stay to celebrate your achievements. The event will close at **2pm**.



All participants are required to sign-in at the registration tent before their walk.

When you sign-in make sure to let us know who your incredible type 1 superhero is. Everyone walking with type 1 will receive a Superhero cape to wear, so we can celebrate them throughout the walk!

If you are going to be late, or can no longer attend the event, there is no need to tell us.

Please just note that after 12:00 we will not be able to let participants start their walk.



Your Breakthrough T1D t-shirt has been sent to you. Make sure to wear it on the day with pride! There will be a designated place to collect or swap your t-shirt, if you have any issues.

More Information about the day



We will have limited printed maps available on the day but you can check the route out using [this link](#) and follow it on your phone.

Our One Walk's are dog friendly, but please keep your dog on a short lead at all times, including at the start and finish areas.

There is a cafe on site to get your morning coffee, but please make sure you are stocked up with water and snacks for the walk.

Water will be available at the finish line for all our walkers, and we encourage you to stay to celebrate your achievements with your medal, until the event closes at **2pm**.

There will be volunteers at the start and at a few select points on route, please ask them questions or simply say 'Hi'. We couldn't put on our One Walks without our fantastic volunteers!

Further safety information

One Walk is a fun family (and dog friendly) day out, but we want to keep everyone safe and smiling. So, please listen carefully to your pre-walk safety talk before you start.

There will be medical support based at the start and finish that will be on hand for any medical issues, however in cases of a medical emergency please call 999 and then inform event staff by calling emergency events phone on **07710086250**.

Please follow the highway code at all times, especially when crossing roads. Please use marked crossing points where possible, as all the roads on route are open to traffic. Whilst on the route, which is open to the public in its entirety, you are responsible for yourself and your belongings.

Most importantly, enjoy the day!





Thank you for joining us at One Walk Edinburgh!

This map was created in advance of the event with the council and landowners' permission and support. Whilst we don't anticipate any changes, the route is subject to change.

- Please follow all instructions from staff and volunteers on the day.
- If you are lost or in need of assistance, contact the Breakthrough T1D Events Team by phoning **07710 086 250**.
- If you are doing the 10km this will be 2 laps of the route provided.
- The event area will **close at 14:30**, so please make sure you're back in time to claim your medal.

Scan the QR code below for the digital version of this map



Please dispose of responsibly



Key

	Start/Finish		Café
	Kilometers		Toilet
	Direction		Parking