

One Walk Belfast Event Information

The Basics

Saturday 19 September 2026

Location: One Walk Belfast is being held at The Stormont Estate, Massey Avenue Gate Entrance, BT4 3RD

What3Words: ///mixer.spell.book

How to get there

The closest entrance to the event site is Massey Avenue Gate as shown on the map.

Parking:

There is very limited parking is available in front of the main gates on the Upper Newtownards Road, at the Massey Avenue entrance.

However, there is plenty of unrestricted parking in nearby residential streets, including along Massey Avenue.

Bus:

The Metro bus numbers to Stormont Estate are 3G, 3H, and 7H. The Glider bus service is G1 (Stormont stop). Check the Translink website for more information and timetables [here](#).



When you arrive

The event village opens at 10am.



All participants are required to **sign-in** at the **registration tent** before their walk.

Please arrive with enough time to sign-in.



When you sign-in make sure to let us know who your incredible type 1 superhero is. Everyone walking with type 1 will receive a Superhero cape to wear, so we can celebrate them throughout the walk!



If you are going to be late, or can no longer attend the event, there is no need to tell us.

Please just note that after 12:00 we will not be able to let participants start their walk.



Your Breakthrough T1D t-shirt has been sent to you. Make sure to wear it on the day with pride! There will be a designated place to collect or swap your t-shirt, if you have any issues.



Event Day Schedule

10:00am Event village opens

Enjoy some children's entertainment and chat with **Insulet** about the Omnipod® system, check out **Funky Pumpers** and **Mude clothing's** T1D accessories!

11:00am Community walk starts

12:30-1pm Community One Walk Belfast concludes

We encourage you to continue to connect as a community after the walk, while celebrating your achievements with your well deserved medal.



Scan for
digital map

Key:

★ Start / Finish

Kilometer
Markers

➤ Direction

🚻 Toilet

☕ Coffee Truck

— 4km Route



One Walk is a fun family (and dog friendly) day out, and we want to keep everyone safe and smiling throughout the day.

Please keep your dog on a short lead at all times, including at the start and finish areas.

The route will be fully sign-posted but please do listen carefully to the pre-walk safety talk. Then, while on route make listen to any further instructions given by our event staff and volunteer.

There will be medical support based at the start and finish that will be on hand for any medical issues. If medical assistance is required call the emergency events phone on **07710086250**.

However in cases of a medical emergency please call 999.